



Agenda Item Number	Agenda Item Number:7																									
Report to:	Ashford Health and Wellbeing Board																									
Date:	19 th July 2017																									
Report Title:	Update on Postural Stability and Falls service in Ashford																									
Report Author:	Deborah Smith																									
Organisation:	Kent County Council, Public Health																									
	<p>The Falls Referral Process</p> <p>The Kent Falls Prevention Service offers Postural Stability classes and a Falls Prevention clinic. Referrals can be made by a health professional or by self-referral through a single point of access. Referrals are collated and individually scored by the Public Health team and then forwarded to the appropriate Postural stability or Falls prevention classes. Postural Stability classes are delivered as a 36 week programme run by Kent Community Health Foundation Trust (KCHFT) and funded by the Public Health department. The more intensive Falls Service is also delivered by KCHFT but commissioned by the Clinical Commissioning Group (CCG).</p>																									
	<p>Ashford Area</p> <p>Numbers of people being referred into the Postural Stability classes in East Kent areas are typically quite low. Numbers of those referred to classes, completing the 36 week programme and having improved their postural stability score are as follows:</p> <p style="text-align: center;">East Kent Postural Stability Service Referrals</p> <table border="1"> <thead> <tr> <th></th><th><u>Ashford</u></th><th><u>Dover/Deal</u></th><th><u>Folkestone</u></th><th><u>Swale</u></th><th><u>Thanet</u></th><th><u>Herne Bay</u></th><th><u>Sittingbourne</u></th><th><u>Whitstable</u></th></tr> </thead> <tbody> <tr> <td>People receiving PS service</td><td>34</td><td>29</td><td>39</td><td>14</td><td>34</td><td>17</td><td>16</td><td>18</td></tr> </tbody> </table>									<u>Ashford</u>	<u>Dover/Deal</u>	<u>Folkestone</u>	<u>Swale</u>	<u>Thanet</u>	<u>Herne Bay</u>	<u>Sittingbourne</u>	<u>Whitstable</u>	People receiving PS service	34	29	39	14	34	17	16	18
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	<p>Indicators for Falls</p> <p>The health profile indicator on emergency admissions for fractured neck of femur in people aged 65+ shows Ashford to be the same as the national average (589 per 100,000 population) in 2015/16. This is a significant improvement on the previous year when Ashford performed worse than the England average with 708 admissions per 100,000. Further information on improved postural stability is being analysed to ascertain improved outcomes as a result of the postural stability service. Success of postural stability classes and Falls classes should be seen as part of a preventative programme to reduce the number of falls resulting in emergency admissions for fractured neck of femur. The aim is for Ashford to continue its current trend in decline in such emergency admissions.</p>																											
	<p>More Information</p> <p>Further performance data on the delivery of the Falls Service can be made available by East Kent CCG Commissioning services.</p>																											